



## 2010 Canadian Laser National Championship 16 -18 July 2010

Club de Voile des Laurentides,  
Oka, Québec



### Notice to Race

#### 1. Rules

- 1.1. The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the Canadian Yachting Association, the rules of the International Laser Class Association (ILCA) and this Notice Of Race, except as any of these are changed by the Sailing Instructions or any appendices to the Sailing Instructions.
- 1.2. The organizing authority is the Club de Voile des Laurentides (CVL),. The event will be held at Oka , province of Quebec, Canada from Friday 16 July t to Sunday 18 July 2010. The race is held in collaboration with Fédération de Voile (FVQ) du Québec and the Canadian Association of Yachting (CYA).
- 1.3. In accordance with ISAF regulation 20.4.1.1, the organizing authority may require that advertising be displayed or carried.
- 1.4. RRS Appendix P will be in effect.

#### 2. Language

The Race Instructions will be in English and French; the French version will be the official version.

#### 3. Inspection and measurement

- 3.1. Sail measurement will be required at this regatta. Please ensure your sail numbers are applied in accordance with ILCA class rules. Sails may be measured prior to racing, and may also be spot checked at any time during the regatta.
- 3.2. Note that numbers and letters drawn on the sail with permanent ink pens are not legal.

#### 4. Eligibility and entry

- 4.1. Competitors who are members of the ILCA-NA or their national Laser Class Association, may enter by completing registration with the organizing authority.
- 4.2. Competitors have to sign the discharge sheet of responsibility (or signed by a parent if under 18 years old).
- 4.3. The race is open for LASER, RADIAL and 4.7 classes.
- 4.4. Competitors have to complete registration in accordance with item 7 of the present notice of race.

#### 5. Risk

It is the competitor's decision to enter the regatta and to start or continue any race. The competitors are ultimately responsible for the risks. The competitor will accept full responsibility for all his/her actions during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

## 6. Regatta schedule

| Date                | Hour                                 | Event   |
|---------------------|--------------------------------------|---|
| Thursday, July 15th | 15 :00 to<br>22 :00                  | Registration on the site of CVL   |
| Friday, July 16th   | 07 :00<br>09 :30<br>09 :30<br>10 :30 | Registration on the site of CVL<br>End of registration<br>Skipper meeting<br>First Warning signal |
| Saturday, July 17th | 10 :30<br>18 :00                     | First Warning signal<br>Regatta dinner after the race   |
| Sunday, July 18th   | 10 :30<br>16 :00                     | First Warning signal<br>Awards Presentation to follow after last race                             |

6.1 No warning signal will be made after 15:00 on the final day of the regatta.

## 7. Registration and fees

- 7.1. Competitors have to register before 9:30 July 16<sup>th</sup> 2010; a minimum of 5 entries are required to constitute a class.
- 7.2. The Fees per competitor, including taxes, are:  
**100\$** if payment is received on or before July 4<sup>th</sup> 2010.  
**120\$** if payment is received after the July 4<sup>th</sup> 2010.
- 7.3. Registration includes the 3 days of race, mechoui dinner on Saturday, water bottle on race course, and 'Regatta Souvenir'. The regatta souvenir is not guaranteed for competitors who register after July 4<sup>th</sup> 2010.
- 7.4. Reservation for your guests for the mechoui dinner on Saturday is 30\$per person if paid before July 5<sup>th</sup>, and 35\$ after.
- 7.5. Camping Fee on the site of CVL is **20\$** per person for the duration of the regatta.
- 7.6. Registration forms and details can be found on the WEB SITE:  
<https://event-manager.compete-at.com/ClubdeVoiledesLaurentides>
- 7.7. 100% of Fees will be refunded if the cancelation is made before July 5th, and 50% after July 5th.  
For information: [an.robitaille@videotron.ca](mailto:an.robitaille@videotron.ca).

## 8. Sailing instructions

The sailing instructions will be available during on-site registration at CVL on July 15<sup>th</sup> and 16<sup>th</sup>.

## 9. Course and Racing Area

- 9.1. Courses will be standard ILCA-NA courses as described in the Sailing instructions (SI).
- 9.2. The racing area will be on «Lac Des-Deux-Montagnes» near Club de Voile des Laurentides.

## 10. Ranking

- 10.1. The Low Point Scoring System, Appendix A4, will be used except as modified below.
- 10.2. Nine (9) races are scheduled; a minimum of three (3) races must be completed to constitute a regatta.
- 10.3. When five (5) or more races are completed a sailor may discard their worst score.

## **11. Coach, support and guest boats**

- 11.1. Coach and guests boats are not allowed on the racing course during the race.
- 11.2. Coach and guest boats are not allowed to cross the racing area any time.

## **12. Parking area and launch ramp**

- 12.1. All boats registered in the regatta will be parked at the designated area on the site of CVL.
- 12.2. All boats are to be launched using the ramp of the site of CVL.

## **13. Awards**

- 13.1. Awards will be given to the first, second and third of each class.
- 13.2. If the number of juniors is acceptable, a class will be designed for competitor 18 years old or less.

## **14. Discharged of Responsibility**

- 14.1. The competitors are ultimately responsible for the risks. See item 5 of the present notice of race.
- 14.2. The Club de Voile des Laurentides and all officers or volunteers organising this regatta are not responsible of any injury or damage before, during or after the race.
- 14.3. Competitors accept and authorize the organizing committee full use for promotion or media coverage of any pictures or video material taken during the event.
- 14.4. Competitors accept the rules of Sailing and all others rules specified in the SI.

## **15. Insurance**

The participants are responsible for making sure to adequately cover the damage in a during the event. The organization accepts no responsibility for verifying that the participant is well insured.

## **16. Notice of race, race instructions and amendments**

Notice of race, race instructions and amendments will be posted on the official board of the regatta in the harbour office of the Club de Voile des Laurentides.

## **17. Lodging and Food**

- 17.1. A few camping sites will be available on the CVL. Attribution of sites will be provided on the basis of first inscription and payment. See item 7.5 for the camping.
- 17.2. Food stores and restaurant are located around 5 to 8 km from the club.
- 17.3. CVL is far from any important lodging facilities. Reserve as soon as possible. The following list will help you.

### Camping d'Oka:

Parc national d'Oka  
2020, chemin d'Oka  
Oka (Québec) J0N 1E0  
Phone : (450) 479-8365  
Fax : (450) 479-6250  
[parc.oka@sepaq.com](mailto:parc.oka@sepaq.com)

### Hotels:

General information:  
[www.laurentides.com](http://www.laurentides.com)

L'impéria  
570, rue Dubois, Saint-Eustache (Québec) Canada, J7P 3B0  
1-888 472-3336 [www.imperiahotel.com](http://www.imperiahotel.com)

Motel Auberge Saint-Estache  
 40, rue Dubois, Saint-Eustache  
 (Québec) Canada, J7P 4W9  
 Without fee : 1 866 498-6825  
 Phone : 450 473-6825  
 Fax : 450 473-8808  
[www.aubergesteustache.com](http://www.aubergesteustache.com)

## 18. Additional information

Regatta Officer: Pierre Charbonneau  
 Regatta Organisation: André Robitaille  
[an.robitaille@videotron.ca](mailto:an.robitaille@videotron.ca)

WEB : <http://www.cvl.qc.ca> (with localisation of the sailing club)

Inscription: <https://event-manager.compete-at.com/ClubdeVoiledesLaurentides>

### Additional options for lodging

| Type             | Name   | Address  | Phone                            | Distance | Site  |
|------------------|--|--|----------------------------------|----------|---|
| B&B              | <b>La Capucine</b>                               | 42, rue de l'Église, St-Placide, J0V 2B0                 | (450) 258-0202                   | 7 km     | <a href="http://www.geocities.com/gitelacapucine">www.geocities.com/gitelacapucine</a>                      |
| B&B              | <b>Le Zibou</b>                                  | 119, rue des Cèdres, OKA, JON 1E0                        | (450) 479-6407                   | 10 km    | <a href="http://www.gitedupassant.com/zibou/">http://www.gitedupassant.com/zibou/</a>                       |
| B&B              | <b>Chez David</b>                                | 115, route du Long-Sault, St-André d'Argenteuil, J0V 1X0 | (450) 537-3734                   | 20 km    | <a href="http://pages.istar.ca/~dlevy/index_english.htm">http://pages.istar.ca/~dlevy/index_english.htm</a> |
| B&B              | <b>La Seigneurie</b>                             | 14, de la Seigneurie, St-André d'Argenteuil, J0V 1X0     | (450) 537-1771                   | 20 km    | <a href="http://www.gitedelaseigneurie.com/pages/5/">http://www.gitedelaseigneurie.com/pages/5/</a>         |
| Motel            | <b>Motel Eddy</b>                                | 99, rue des Seigneurs, St-André d'Argenteuil, J0V 1X0    | (450) 537-3297                   | 20 km    |   |
| Chalets          | <b>Domaine Familial</b>                          | 566 rue Duquesne, Montréal, Qc., Canada, H1N 2W1         | (450) 537-3234                   | 20 km    | <a href="http://www.domainefamilial.com/chalet.htm">http://www.domainefamilial.com/chalet.htm</a>           |
| B&B              | <b>Gite Cocorico</b>                             | 147, rue Théoret, St-Joseph-du-Lac, J0V 1X0              | (450) 623-0452                   | 25 km    | <a href="http://www.gitecocorico.com">www.gitecocorico.com</a>  |
| B&B              | <b>Gite des jardins de la Montagne</b>           | 2371, Chemin Principal, St-Joseph-du-Lac, J0N 1M0        | (450) 623-0574<br>(866) 623-0574 | 25 km    | <a href="http://pages.videotron.com/jardinsm/">http://pages.videotron.com/jardinsm/</a>                     |
| Info Touristique | <b>Bureau d'information touristique d'Oka</b>    | 183, rue des Anges, Oka, J0N 1E0                         | (450) 479-8389                   |          |   |
| Info Touristique | <b>Office Touristique des Basses Laurentides</b> | 600, rue Dubois, St-Eustache, J7P 5L2                    | (450) 491-4444                   |          | <a href="http://www.basseslaurentides.com">www.basseslaurentides.com</a>                                    |